



**The Naturopathic Medical
Research Clinic**
NOURISHED MINDS • HEALTHY LIVES

Tele-Practice Phone Consulting During the Covid-19 Pandemic - Effective April 1st, 2020

Tele-Practice

Tele-practice phone consulting is now being used to facilitate our clinic's advanced clinical nutrition protocol. To book a phone consult, please call reception at 905-491-6930 or contact us through our [online portal](#).

Mental Health

Improving your mental health can be a realizable goal. Our clinic has focused on mental health over the past two decades now and we are here to help if you are experiencing significant mental health symptoms or have conditions such as anxiety, depression, schizophrenia, autism, OCD, ADD, or PTSD.

Clinic Reception

Clinic phones are answered daily Monday to Friday, 9am-1:15pm and 2pm-4pm.

Supplements

Supplement orders can be shipped to you direct or picked up at reception Monday to Friday, 10am-1pm.

Questions on how we can help?

Feel free to reach out and contact us by phone at 905-491-6930 or through our [online portal](#).

Dr Ray Pataracchia ND

Clinic Director

If you have a cough, fever, difficulty breathing or any respiratory illness symptoms, remain at home and contact Tele-Health, your Primary Care Provider, or your local public health unit. If you think you have Covid-19 symptoms, click [here](#) to complete an online self-assessment or to obtain further instructions.